**Top Field in the Javelin**

**Seven of this year’s world’s top ten in the javelin will be competing here in Stockholm tomorrow evening. World champion, Julius Yego (KEN) will be up against Olympic champion, Keshorn Walcott (TTO) and with world lead and Diamond Race leader, German Thomas Rohler also throwing it promises to be a close fought event. Sweden’s Kim Amb will be looking to throw well in front of a home crowd.**

Keshorn Walcott said “It is good to see a lot of competitors from outside Europe coming through especially from the Caribbean, Kenya and the States.  My technique is very mixed.  It has some Cuban influence because I have a Cuban coach. I go to Cuba during the winter and I watch how they train there which provides good motivation for me.

“There is a lot of talent in the field events in the Caribbean but much more attention on the track so I hope my success will encourage more people to take on the field events.

“My third best throw ever was last week in Oslo so I feel I am coming into form and I hope to do even better in the next few weeks.”

Julius Yego said “I did watch a lot of YouTube when I was developing.  It was the basic training I was looking for and it helped me to become world champion. Now I watch my competitors on there!  Also I look at my own technique.

“I do most of my training back in Kenya but I do come to Finland where there are very good facilities and it is good for practising my technique.

“Winning in Beijing was great as I made history.  All the Kenyans received a fantastic reception back home. “

Kim Amb said “I had a great winter training and I am very excited for 2016, especially after being injured in 2014 and 2015.  I have had a good start.  I enjoyed watching the competition in Oslo and was sorry not to be there.  Tomorrow I need to do a good, solid throw to ensure I go through.  It will be my first Diamond League so I am excited to be here and with a great crowd and good weather it will a great night.

“It is a big year with two championships – Europeans and Olympics – the Europeans will be great competition with the Germans, Fins and so on.  Tomorrow I hope I can also qualify for the Olympics but it is ridiculous how far people are throwing this year.”